



# **Race, Culture and Psychotherapy: Critical Perspectives in Multicultural Practice**

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# Race, Culture and Psychotherapy: Critical Perspectives in Multicultural Practice

## Race, Culture and Psychotherapy: Critical Perspectives in Multicultural Practice

What is multicultural psychotherapy?


How do we integrate issues of gender, class and sexual orientation in multicultural psychotherapy?


*Race, Culture and Psychotherapy* provides a thorough critical examination of contemporary multiculturalism and culturalism, including discussion of the full range of issues, debates and controversies that are emerging in the field of multicultural psychotherapy.

Beginning with a general critique of race, culture and ethnicity, the book explores issues such as the notion of interiority and exteriority in psychotherapy, racism in the clinical room, race and countertransference conflicts, spirituality and traditional healing issues. Contributors from the United States, Britain and Canada draw on their professional experience to provide comprehensive and balanced coverage of the following subjects:

- critical perspectives in race and culture in psychotherapy
- governing race in the transference
- racism, ethnicity and countertransference
- intersecting gender, race, class and sexual orientation
- spirituality, cultural healing and psychotherapy
- future directions

*Race, Culture and Psychotherapy* will be of interest not only to practicing psychotherapists, but also to students and researchers in the field of mental health and anyone interested in gaining a better understanding of psychotherapy in a multicultural society.

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#### **Karen Plum:**

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Reading can called brain hangout, why? Because while you are reading a book specifically book entitled Race, Culture and Psychotherapy: Critical Perspectives in Multicultural Practice your brain will drift away through every dimension, wandering in each aspect that maybe unknown for but surely might be your mind friends. Imaging each and every word written in a book then become one contact form conclusion and explanation which maybe you never get ahead of. The Race, Culture and Psychotherapy: Critical Perspectives in Multicultural Practice giving you yet another experience more than blown away your thoughts but also giving you useful data for your better life within this era. So now let us demonstrate the relaxing pattern the following is your body and mind is going to be pleased when you are finished looking at it, like winning an activity. Do you want to try this extraordinary spending spare time activity?

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