

## How to Help A Friend Who's Been Raped, Abused or Traumatized

Hillary Hawkins



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Do you have a friend or loved one that is suffering from the aftermath of rape, abuse or trauma? Unsure of how to help? Here are some things you can do, questions you can ask and things to keep in mind. Written by a former Safe Horizon employee who holds certificates in Child Sexual Abuse, Teen Relationship Abuse, Sexual Assault, Domestic Violence & The Criminal Justice System etc. From the creators of "Secrets Unleashed Game: Strong & Slightly Suicidal" and "Secrets Unleashed Game: Talk, Play, Heal."

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