



Time Management from the Inside Out

Julie Morgenstern

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These days we face no greater challenge in our personal and professional lives than organizing and managing our time. Now Julie Morgenstern, whose best selling *Organizing from the Inside Out* has helped hundreds of thousands of people conquer the clutter in their daily lives, explains how to overcome the time challenge once and for all. Her groundbreaking from-the-inside-out approach will help you uncover your psychological strengths and stumbling blocks and create a time-management system that suits you individual needs.

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