

Handbook of Herbs and Spices (Woodhead Publishing Series in Food Science, Technology and Nutrition)



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Herbs and spices are among the most versatile ingredients in food processing, and alongside their sustained popularity as flavourants and colourants they are increasingly being used for their natural preservative and potential health-promoting properties. An authoritative new edition in two volumes, Handbook of herbs and spices provides a comprehensive guide to the properties, production and application of a wide variety of commercially-significant herbs and spices.

Volume 1 begins with an introduction to herbs and spices, discussing their definition, trade and applications. Both the quality specifications for herbs and spices and the quality indices for spice essential oils are reviewed in detail, before the book goes on to look in depth at individual herbs and spices, ranging from basil to vanilla. Each chapter provides detailed coverage of a single herb or spice and begins by considering origins, chemical composition and classification. The cultivation, production and processing of the specific herb or spice is then discussed in detail, followed by analysis of the main uses, functional properties and toxicity.

With its distinguished editor and international team of expert contributors, the two volumes of the new edition of Handbook of herbs and spices are an essential reference for manufacturers using herbs and spices in their products. They also provide valuable information for nutritionists and academic researchers.

- Provides a comprehensive guide to the properties, production and application of a wide variety of commercially-significant herbs and spices
- Begins with a discussion of the definition, trade and applications of herbs and spices
- Reviews the quality specifications for herbs and spices and examines the quality indices for spice essential oils

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Reading can called imagination hangout, why? Because if you are reading a book particularly book entitled Handbook of Herbs and Spices (Woodhead Publishing Series in Food Science, Technology and Nutrition) the mind will drift away trough every dimension, wandering in every aspect that maybe unidentified for but surely will become your mind friends. Imaging every word written in a reserve then become one contact form conclusion and explanation that will maybe you never get just before. The Handbook of Herbs and Spices (Woodhead Publishing Series in Food Science, Technology and Nutrition) giving you a different experience more than blown away the mind but also giving you useful information for your better life in this particular era. So now let us demonstrate the relaxing pattern at this point is your body and mind is going to be pleased when you are finished reading it, like winning a casino game. Do you want to try this extraordinary wasting spare time activity?

Joseph Lee:

This Handbook of Herbs and Spices (Woodhead Publishing Series in Food Science, Technology and Nutrition) is completely new way for you who has curiosity to look for some information as it relief your hunger details. Getting deeper you onto it getting knowledge more you know or perhaps you who still having little digest in reading this Handbook of Herbs and Spices (Woodhead Publishing Series in Food Science, Technology and Nutrition) can be the light food to suit your needs because the information inside this specific book is easy to get through anyone. These books produce itself in the form which is reachable by anyone, yes I mean in the e-book contact form. People who think that in publication form make them feel sleepy even dizzy this publication is the answer. So there is no in reading a reserve especially this one. You can find actually looking for. It should be here for you. So , don't miss it! Just read this e-book variety for your better life and knowledge.

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