



Musculoskeletal Injuries in the Military

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This authoritative reference examines the causes of--and offers workable solutions to--the widespread problem of musculoskeletal injuries among armed forces personnel. Specific chapters on combat, non-combat, training, and fitness injuries shed necessary light on the nature and scope of the epidemic, including impact on active service members and the resulting quality of life issues in veterans. An overview of these injuries by anatomic region highlights treatment, disability, and prevention issues in military settings. The book also translates the standard public health model for preventing injuries into military context, giving professionals guidelines for developing strategies tailored to the unique strengths and risks of this population.

Featured in the coverage:

- The burden of musculoskeletal injuries in the military.
- Traumatic combat injuries.
- Deployment and non-battle injuries.
- Epidemiology of musculoskeletal injuries by anatomic region.
- Application of the public health model for injury prevention.
- Barriers to injury prevention in the military.

Its depth of detail makes *Musculoskeletal Injuries in the Military* critical reading for orthopedic surgeons, physical therapists, athletic trainers, military leaders, military and VA healthcare staff including physicians and policymakers, public health and injury prevention professionals, occupational health and safety professionals, musculoskeletal injury and disease researchers, and veterans' health advocacy groups.

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