



Casebook of clinical geropsychology: International Perspectives on Practice

Nancy A. Pachana, Ken Laidlaw, Bob Knight

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Geropsychology - the field of psychology concerned with the psychological, behavioural, biological, and social aspects of aging - has developed rapidly in the past 2 decades, in response to the ever increasing aging population worldwide. This clinical casebook describes current best practice in managing complex cases involving common mental health issues in later life. It includes chapters by leading authorities in the field - both experienced clinicians and educators - who address contemporary issues in clinical work with older adults. It will be useful for clinicians wishing to update their practice, educators looking for case material to enrich their didactic courses, and students and fledgling practitioners seeking guidance in approaching casework with older adults. The book spans the international arena of practice, illustrating both universal themes in clinical work as well as regional practice issues that can inform health professionals more broadly. Each chapter is designed to inform the reader about the rich context in which clinical work occurs, including how the setting, the therapist's approach and the nature of the problem interact to influence outcomes. Throughout, the cases have been carefully chosen to reflect archetypal scenarios and provide practical, empirically informed guidance for assessment, formulation and interventions. The cases included deal with complex issues of diagnosis and formulation, assessment and intervention techniques, ethical and legal issues, and interdisciplinary perspectives that will appeal to a wide range of mental health professionals. The text provides points for reflection from the cases, as well as key references in the area, with an emphasis on current issues and theoretical perspectives. Providing a range of expertise in a single source, this book is an invaluable resource for anyone dealing with the mental health needs of older people.

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