



Academic Anxiety and Parental Aspirations: A study of the relationship between Academic Anxiety, Academic Achievements and Parental Aspiration in Adolescents

Rajshree Vaishnav, Richa Mehta

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Emergence of globalization and cut throat competition, the nature and number of challenges faced by the students to prove them, leads to unexplained behaviour among the students. Expectations of parents, peer pressure for performing will make them all the more vulnerable. The strategies are highlighted to help the students and parents to cope up with their Academic anxieties related to their career.

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