

Strengthening The Eyes - A New Course In Scientific Eye Training In 28 Lessons: & Better Eyesight Magazine

Bernarr MacFadden, William H. Bates M.D.

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(Color Version.) Natural Eyesight Improvement-written by Bernarr MacFadden, one of the First Physical Fitness, Natural Health Teachers. MacFadden studied with Ophthalmologist William H. Bates. MacFadden and Bates wrote the Original book. One of the first Eyesight, Vision Improvement Books. Modern treatments are added to this book. 6 issues of Dr. Bates Better Eyesight Magazine July, 1919 to Dec., 1919 with Dr. Bates Natural Treatments for unclear vision and other eye conditions & Eyecharts are included in this Paperback book.

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