



Your Daily Walk with the Great Minds: Wisdom and Enlightenment of the Past and Present (3rd Edition) (Spiritual Dimensions)

Richard A. Jr. Singer, Jr. Richard a. Singer

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How to transcend the monotony of daily life and truly embrace what life has to offer you?

I invite you to find the answers to these and other questions through meditations and journaling exercises on *Your Daily Walk with the Great Minds: Wisdom and Enlightenment of the Past and Present, 3rd Edition*

About the Author

Richard Singer is first of all a real human being who is quite faulty and still struggles with life on a daily basis, however on a worldly basis he is an award winning author, trained psychotherapist, Asst. Professor of Human and Social Science, and most importantly a seeker of truth. He continuously searches for wisdom to use in his life, as well as helping other human beings in their precious journey. He has studied Eastern Psychology, Buddhist Healing, and Non-Violence at the Doctoral Level; in addition, he has spent years devoted to the study of wisdom recorded throughout history. He seeks to impart this knowledge to the world through his writing. For more information please visit **www.EmbracingthePresent.com**

"Having used this book daily for several months, I can honestly recommend it to anyone seeking a path to spiritual growth."

--Rev. J Francis Stroud, S.J., Director DeMello Spirituality Center

"I have spent my life studying lots and lots of self-development books and I can say emphatically that *Your Daily Walk with the Great Minds* ranks in the top ten. I whole heartedly recommend this book to any seeker of self-development." --C. Kumarbabu, MD, former chair of Psychiatry, Govt. Stanley Hospital, India

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