



The Relaxed Hair Bible: The 10 Commandments of Long Healthy Relaxed Hair

Breanna Rutter

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The Relaxed Hair Bible

If you have decided that you want to relax your hair, or you already have relaxed hair, this book will be your reference of knowledge. In “The Relaxed Hair Bible”, Author Breanna Rutter breaks down everything you need to know to achieve long healthy relaxed hair. In this comprehensive guide, some things you will learn are the differences between relaxers and which type is best for your hair, a step by step hair care regimen with products that will maintain healthy hair before and after a relaxer, as well as how to use hair color on relaxed hair.

Other popular topics will be addressed like;
Do weaves and extensions cause breakage?
How to use heat styling tools without causing heat damage?
How and when to trim your ends?
Wrapping your hair for growth?

Along with the author’s personal hair stories, experiences and so much more!

About The Author

Breanna Rutter is a healthy hair care advocate devoted to health hair practices. She has a YouTube and hair care website, How To Black Hair, which cumulatively reaches millions of viewers per month worldwide on the fundamentals of hair care and styling. Because of this, she has been featured on popular ethnic websites throughout the Internet. Her passion for hair has driven her to write “The Relaxed Hair Bible: The 10 Commandments of Black Hair Care”.

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