



Physical Education Unit Plans for Grades 5 6 2nd

Bette J. Logsdon, Luann M. Alleman, Sue Ann Straits, David E. Belka, Dawn Clark

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Spend less time planning and more time personalizing lessons with these practical guides. Previously compiled in a two-book set titled *Physical Education Teaching Units for Program Development*, these highly acclaimed unit plans provide a detailed scope and sequence for an early childhood movement program and an elementary physical education program.

The 135 units in these four books integrate movement concepts and skills into games, gymnastics, and dance experiences that children really enjoy. They contain clear objectives, sample assessments, and fitness activities that reflect the National Standards for Physical Education and the National Standards for Arts Education (Dance). New and experienced teachers alike can adopt the ready-to-use units as a complete instructional program or select specific units to enhance their existing curriculum.

Successfully used in public and private schools in suburban, inner city, and rural areas, the units are logically arranged to build on the motor skills acquired at each student's unique stage of development. Each unit contains a progression of learning experiences, and each learning experience, in turn, is broken down into tasks that help students perform movement skills or understand movement concepts. To increase communication, learning, and motivation, the learning experiences are written in conversational, developmentally appropriate language and can be used as models for effective teaching.

Written by five specialists in physical education and dance, who together have more than 100 years of teaching experience, *Physical Education Unit Plans* will dramatically reduce time spent in day-to-day planning and preparation and challenge students to reach their full movement potential.

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