

Parent Effectiveness Training: The Proven Program for Raising Responsible Children

Thomas Gordon

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Parent Effectiveness Training: The Proven Program for Raising Responsible Children Thomas Gordon P.E.T., or Parent Effectiveness Training, began almost forty years ago as the first national parent-training program to teach parents how to communicate more effectively with kids and offer step-by-step advice to resolving family conflicts so everybody wins. This beloved classic is the most studied, highly praised, and proven parenting program in the world -- and it will work for you. Now revised for the first time since its initial publication, this groundbreaking guide will show you:

How to avoid being a permissive parent

How to listen so kids will talk to you and talk so kids will listen to you

How to teach your children to "own" their problems and to solve them

How to use the "No-Lose" method to resolve conflicts

Using the timeless methods of P.E.T. will have immediate results: less fighting, fewer tantrums and lies, no need for punishment. Whether you have a toddler striking out for independence or a teenager who has already started rebelling, you'll find P.E.T. a compassionate, effective way to instill responsibility and create a nurturing family environment in which your child will thrive.



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Susan Burroughs:

Playing with family in a very park, coming to see the sea world or hanging out with pals is thing that usually you will have done when you have spare time, and then why you don't try issue that really opposite from that. A single activity that make you not experience tired but still relaxing, trilling like on roller coaster you have been ride on and with addition associated with. Even you love Parent Effectiveness Training: The Proven Program for Raising Responsible Children, it is possible to enjoy both. It is very good combination right, you still would like to miss it? What kind of hang type is it? Oh occur its mind hangout men. What? Still don't buy it, oh come on its called reading friends.

Regina Rodgers:

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Jacquelin Vasquez:

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