

Sundays at Moosewood Restaurant

Moosewood Collective

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Since its opening in 1973, Moosewood Restaurant in Ithaca, New York, has been synonymous with creative cuisine with a healthful, vegetarian emphasis.

Each Sunday at Moosewood Restaurant, diners experience a new ethnic or regional cuisine, sometimes exotic, sometimes familiar. From the highlands and grasslands of Africa to the lush forests of Eastern Europe, from the sun-drenched hills of Provence to the mountains of South America, the inventive cooks have drawn inspiration for these delicious adaptations of traditional recipes.

Including a section on cross-cultural menu planning as well as an extensive guide to ingredients, techniques, and equipment, *Sundays at Moosewood Restaurant* offers a taste for every palate.

Moosewood Restaurant is run by a group of eighteen people who rotate through the jobs necessary to make a restaurant work. They plan menus, set long-term goals, and wash pots.

Moosewood Restaurant contributes 1% of its profits from the sale of this book to the Eritrean Relief Fund, which provides food and humanitarian assistance to the Eritrean people.

Moosewood Restaurant supports 1% For Peace, an organization working to persuade the government to redirect 1% of the Defense Department budget towards programs that create and maintain peace in positive ways.



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From reader reviews:

Ana Lopez:

Now a day people who Living in the era wherever everything reachable by connect with the internet and the resources in it can be true or not involve people to be aware of each info they get. How individuals to be smart in receiving any information nowadays? Of course the reply is reading a book. Reading through a book can help individuals out of this uncertainty Information particularly this Sundays at Moosewood Restaurant book since this book offers you rich details and knowledge. Of course the details in this book hundred pct guarantees there is no doubt in it you probably know this.

Keith Smith:

Spent a free a chance to be fun activity to perform! A lot of people spent their free time with their family, or all their friends. Usually they doing activity like watching television, going to beach, or picnic in the park. They actually doing same task every week. Do you feel it? Would you like to something different to fill your own personal free time/ holiday? Might be reading a book could be option to fill your free time/ holiday. The first thing you ask may be what kinds of guide that you should read. If you want to consider look for book, may be the publication untitled Sundays at Moosewood Restaurant can be very good book to read. May be it could be best activity to you.

Donald Vermillion:

Playing with family inside a park, coming to see the marine world or hanging out with good friends is thing that usually you could have done when you have spare time, and then why you don't try point that really opposite from that. 1 activity that make you not sense tired but still relaxing, trilling like on roller coaster you have been ride on and with addition details. Even you love Sundays at Moosewood Restaurant, you could enjoy both. It is excellent combination right, you still would like to miss it? What kind of hang-out type is it? Oh can occur its mind hangout men. What? Still don't buy it, oh come on its identified as reading friends.

Teresa Obannon:

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