



**Weight Loss BOX SET 3 IN 1: Say 'Bye' To Fat  
With The Best Weight Loss Collection: Weight  
Watchers, Low Carb And Paleo Recipes!: (Weight  
Watchers, Weight ... tips, weight watchers for  
beginners Book 2)**

*Sofia Smith, Samantha Johnson, Batya Clarkson*

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Download this book, read it to the end and see "**BONUS: Your FREE Gift**" chapter after the conclusion.

# **Weight Loss BOX SET 3 IN 1: Say 'Bye' To Fat With The Best Weight Loss Collection: Weight Watchers, Low Carb And Paleo Recipes!(FREE Bonus Included)**

## **BOOK #1:Weight Watchers: Two-Week Challenge to Lose Your First 15 Lbs! Simple Diet Plan With No Calorie Counting!**

Getting yourself in shape is extremely important to just about everyone. The problem is that none of us really want to spend all of our time counting calories, which is what just about every weight loss program wants you to do. So what should you do instead? Well you don't expect us to spill all our secrets before you even start do you?

Inside this book you're going to learn how to lose weight without counting calories. We're going to actually talk about faster, easier ways that you can get rid of some of those pounds that are continuing to cause you

problems and we're going to make it fun (or at least as fun as weight loss can be).

## **BOOK #2:Low Carb High Fat Recipes for the 1.5 - 2 Quarts Slow Cooker. Top 30 Healthy and Delicious Crockpot Recipes for Weight Watchers and For Those Who Just Love Healthy Eating**

You look for recipes for your slow cooker and unfortunately, the recipes you find are way too large for your single serve slow cooker that is only 1.5 to 2 Quarts? To make matters worse, you might be on dietary restrictions that call for you to eat only low carbohydrate, high-fat foods? You try to figure out how you can cut down the recipe for your smaller, portion friendly slow cooker and what recipes suit your diet better?

So in this book you will find 32 low-carbohydrate, high-fat recipes that will satisfy your cravings as well as reduce your amount of leftovers with your small Electric slow cooker!

## **BOOK #3:Weight Loss: 25 Low Carb, Gluten Free and Paleo Slow Cooker Recipes For Healthy and Delicious Weight Loss!**

This book will provide you with a month's worth of tasty, simple, and extremely nutritious recipes that are all low carb, gluten free, and paleo. The recipes can all be made in a slow cooker, so that you can start cooking at night before you go to sleep, and have food ready to eat the next morning. Alternately, you can fill a pot and start the cooking process early in the day, and have a hot meal ready and waiting for you when you come home from work or school in the evening.

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