



Stop Coming Over-the-Top: A RuthlessGolf.com Quick Guide

Mike Southern

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"Whether you struggle with the swing flaw commonly called 'coming over-the-top' or not, this Quick Guide will probably help your game." That bold first statement opens "Stop Coming Over-the-Top," but it's true. The vast majority of swing faults in any weekend player's swing can be traced back to a poor takeaway and a poor change of direction at the top of the backswing. Using some simple instruction, a few easy drills, and many diagrams, "Stop Coming Over-the-Top" can help any golfer get his swing back on plane, as well as teaching him how to improve distance and accuracy. After learning how an over-the-top move simulates a wood chopping motion, you'll be shown how a correct swing eliminates these errors. In this Quick Guide you'll learn: ** What really causes an over-the-top swing ** How to create a good shoulder coil with a big swing arc ** A simple way to get your swing on plane ** Why your lower body always starts your downswing... but not always correctly ** How to start your downswing correctly every time ** How to "hold" your wrist cock until late in your downswing ** How to stop "chicken-winging" ** And more! So don't fuss with the symptoms of a poor swing. Attack the real problems and learn the basics of a fundamentally sound swing with "Stop Coming Over-the-Top"!

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