



No Matter What!: 9 Steps to Living the Life You Love

Lisa Nichols

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LIVE THE LIFE YOU LOVE-NO MATTER WHAT!

From bestselling author and motivational speaker Lisa Nichols comes a unique and powerful inspirational program that will both move you and empower you to realize your dreams. Millions are trying to live by *The Secret's* Law of Attraction, but the truth is it won't work unless you flex your all-important "bounce-back" muscles, which give you the ability to successfully navigate life's speed bumps.

By developing and toning her own bounce-back muscles at critical points in her life, Lisa found the power to become her authentic self and achieve everything she dared to hope for. Now, in NO MATTER WHAT, she offers a groundbreaking program that outlines these 9 Steps or "muscles", which include among others your Confidence, Faith-in-Myself, Honesty Out Loud and Forgiveness muscles, and explains how anyone can use them to achieve happiness and off-the-charts success. In this powerful guide Lisa Nichols introduces her dynamic plan, shares her own remarkable story, and prescribes specific exercises and action steps to inspire readers to learn from their past and move toward a courageous future.

"I've watched Lisa Nichols light up rooms and inspire thousands for years. As a featured teacher in *The Secret*, she explained the Law of Attraction, but now, for the first time, she reveals her own secret to happiness: the Law of No Matter What. Read this book, and learn to create the things in life you believed were out of reach." --**Marci Shimoff, bestselling author of *Happy for No Reason* and featured teacher in *The Secret***

"Lisa is a living example of what it takes to overcome the inevitable obstacles in your path...with the help of this book, you'll be able to soar to success--no matter what!" --**Jack Canfield, Co-Author of the *New York Times* Bestselling *Chicken Soup for the Soul* Series**

"Lisa Nichols is a rock star of personal growth! Gutsy and authentic, in NO MATTER WHAT, Lisa uses her charismatic and influential style to teach resilience. Whether you are a seasoned student of character and enlightenment or just starting, this book is a must read, advanced course for possibility." --**Stephen M. R. Covey, author of *The New York Times* bestseller *The Speed of Trust***

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