



Youth Football Drills Playbook

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“The Youth Football Drills Playbook was written by a coach with over 20 years of youth football coaching experience. The best 50 drills come together in this one book. It is a must have for all youth coaches regardless of your experience” Youth Football Drills Playbook It doesn’t matter is you are a 20 year veteran, or new to coaching youth football, this may be the most important book you will ever read. Youth football success starts with players that are fundamentally sound. The best way to prepare your players is by doing drills specific to the skills they need at their positions. That’s where the Youth Football Drills Playbook comes in. These drills have stood the test of time and is suitable for both flag and tackle football. This Youth Football Drills Playbook has drills specific for positions as well as team drills. The positions covered in this book include: Defensive Line Drills Offensive Line Drills Line Backers Drills Quarterbacks Drills Running Backs Drills Wide Receivers Drills Defensive Back Drills The Youth Football Drills Playbook will help you get your players ready for the basics of football! The two most important aspects of football is blocking and tackling and this drill book will teach your players how to excel at both of these skills. Why would I choose the Youth Football Drills playbook? Youth Football Drill Playbook is designed for players 5-14 years old Youth Football Drill Playbook is designed for new players as well as three year plus tackle players All drills are explained in detail Each drill has a large diagram Every drill is explained in great detail Every drill in this playbook has all adjustments needed to improve their effectiveness. Over 50 drills specifically designed and tweaked for youth football

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